

Healthy Bites, Happy Manners



















Our little chefs enjoyed making nutritious sprout bhel while learning the importance of dining etiquette. The activity nurtured healthy eating habits along with grace and good table manners.

"Little Chefs, Fresh Creations!"







Our young Starz donned their chef hats and joyfully prepared a colourful vegetable salad. This hands-on activity nurtured healthy eating habits while building fine motor skills and teamwork.

"Tiny Hands, Traditional Touch!"









Our little learners enthusiastically pounded groundnuts, exploring textures and sounds in this traditional activity. It encouraged sensory development, hand—eye coordination, and appreciation of our cultural practices.

